



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Lepper, Stefan

Club: TV Flerke Tri Team

Number: 314

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 2:32:43

Rank in course/Total: 8 (of 71)

Rank in course/Men: 8 (of 61)

Best time in course: 2:17:34

Rank in category: 2(of 9)

Best time in the category: 2:30:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	24:43	17:39	2	0:40	10	3:54	1.40	24:43	17:39	2	-	39	-
Schwimmen Net	1.40	24:43	17:39	2	-	39	-	1.40	24:43	17:39	2	-	39	-
Wechsel Schwim	0.05	2:21	47:00	3	0:23	16	0:56	1.45	27:04	18:40	2	-	39	-
Schwimmen Tot	1.45	27:04	18:40	2	-	39	-	1.45	27:04	18:40	2	-	39	-
ZZ Rad	11.00	41:04	3:44	8	23:20	54	23:20	12.45	1:08:08	5:28	2	19:02	36	8:57
ZZ Rad	11.00	22:34	2:03	3	0:27	15	2:26	23.45	1:30:42	3:52	1	-	34	10:15
ZZ Rad	11.00	fehlt!	-	-	-	-	-	34.45	-	-	-	-	-	-
Rad Ende	11.00	18:17	1:39	1	-	8	1:52	45.45	1:48:59	2:23	2	1:28	39	-
Wechsel Rad-Lau	0.05	1:12	23:59	1	-	6	0:13	45.50	1:50:11	2:25	2	1:20	39	-
Rad Total	44.05	1:23:07	1:53	2	5:38	10	8:15	45.50	1:50:11	2:25	2	1:20	39	-
ZZ Lauf	3.33	9:55	2:58	3	0:13	6	1:06	48.83	2:00:06	2:27	2	1:33	38	-
ZZ Lauf	3.33	21:47	6:32	2	0:40	5	2:27	52.16	2:21:53	2:43	1	-	27	-
Lauf	3.33	10:50	3:15	2	0:23	8	1:39	55.40	2:32:43	2:45	2	2:16	8	15:09