



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Droste, André

Total time: 2:33:34

Club: TriFun Hennesee

Number: 328

Course: 55.40 km

Rank in course/Total: 9 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 9 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 2(of 2)

AK1 männlich (20-24 Jahre)

Best time in the category: 2:19:14

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	20:49	14:52	1	-	1	-	1.40	20:49	14:52	2		40	
Schwimmen Net	1.40	20:49	14:52	2		40		1.40	20:49	14:52	2		40	
Wechsel Schwim	0.05	2:09	42:59	2	0:09	11	0:44	1.45	22:58	15:50	2		40	
Schwimmen Total	1.45	22:58	15:50	2		40		1.45	22:58	15:50	2		40	
ZZ Rad	11.00	19:40	1:47	2	1:30	12	1:56	12.45	42:38	3:25	2	1:09	37	
ZZ Rad	11.00	21:50	1:59	2	1:42	8	1:42	23.45	1:04:28	2:44	2	2:51	35	
ZZ Rad	11.00	21:55	1:59	2	1:45	6	1:45	34.45	1:26:23	2:30	2	4:36	29	
Rad Ende	11.00	17:27	1:35	2	0:55	4	1:02	45.45	1:43:50	2:17	2	5:31	40	
Wechsel Rad-Lau	0.05	1:07	22:19	2	0:08	3	0:08	45.50	1:44:57	2:18	2	5:39	40	
Rad Total	44.05	1:21:59	1:51	2	6:00	9	7:07	45.50	1:44:57	2:18	2	5:39	40	
ZZ Lauf	3.33	11:15	3:22	1	-	18	2:26	48.83	1:56:12	2:22	2		39	
ZZ Lauf	3.33	24:39	7:24	1	-	23	5:19	52.16	2:20:51	2:42	1	-	28	
Lauf	3.33	12:43	3:49	2	2:25	27	3:32	55.40	2:33:34	2:46	2	14:20	9	16:00