



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Berg, Claudia

Total time: 1:38:51

Club: LT Elsen-Wewer

Number: 189

Course: 25.70 km

Rank in course/Total: 91 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 13 (of 24)

Best time in course: 1:15:12

Category:

Rank in category: 2(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 1:36:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	16:54	24:08	3	1:04	11	3:05	0.70	16:54	24:08	2	1:04	1	-
Schwimmen Net	0.70	16:54	24:08	2	1:04	1	-	0.70	16:54	24:08	2	1:04	1	-
Wechsel Schwim	0.05	2:29	49:39	2	0:06	9	0:48	0.75	19:23	25:50	2	0:52	1	-
Schwimmen Total	0.75	19:23	25:50	2	0:52	1	-	0.75	19:23	25:50	2	0:52	1	-
ZZ Rad	10.00	fehlt!	-	-	-	-	-	10.75	-	-	-	-	-	-
Rad Ende	10.00	50:18	5:01	5	26:52	23	32:13	20.75	1:09:41	3:21	2	2:00	1	-
Wechsel Rad-Lau	0.05	1:43	34:19	1	-	12	0:44	20.80	1:11:24	3:25	2	1:59	1	-
Rad Total	20.05	52:01	2:35	2	1:07	15	13:10	20.80	1:11:24	3:25	2	1:59	1	-
ZZ Lauf	2.50	13:38	5:27	1	-	12	3:49	23.30	1:25:02	3:38	2	1:55	1	-
Lauf	2.50	13:49	5:31	2	0:03	11	3:20	25.70	1:38:51	3:50	2	1:58	13	23:39