



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

**Wortmann, Stefan**

**Total time: 2:34:52**

Club: TV Attendorn TRI TIME

Number: 345

Course: 55.40 km

Rank in course/Total: 12 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 11 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 3(of 9)

AK3 männlich (30-34 Jahre)

Best time in the category: 2:30:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	24:03	17:10	1	-	9	3:14	1.40	24:03	17:10	3	-	43	-
Schwimmen Net	1.40	24:03	17:10	3	-	43	-	1.40	24:03	17:10	3	-	43	-
Wechsel Schwim	0.05	2:28	49:20	4	0:30	23	1:03	1.45	26:31	18:17	3	-	43	-
Schwimmen Tot	1.45	26:31	18:17	3	-	43	-	1.45	26:31	18:17	3	-	43	-
ZZ Rad	11.00	20:43	1:52	4	2:59	23	2:59	12.45	47:14	3:47	3	-	40	-
ZZ Rad	11.00	23:18	2:07	4	1:11	22	3:10	23.45	1:10:32	3:00	2	-	38	-
ZZ Rad	11.00	23:11	2:06	3	0:44	19	3:01	34.45	1:33:43	2:43	1	-	32	-
Rad Ende	11.00	18:28	1:40	2	0:11	13	2:03	45.45	1:52:11	2:28	3	4:40	43	-
Wechsel Rad-Lau	0.05	1:14	24:40	2	0:02	7	0:15	45.50	1:53:25	2:29	3	4:34	43	-
Rad Total	44.05	1:26:54	1:58	5	9:25	21	12:02	45.50	1:53:25	2:29	3	4:34	43	-
ZZ Lauf	3.33	9:53	2:58	2	0:11	4	1:04	48.83	2:03:18	2:31	3	4:45	42	-
ZZ Lauf	3.33	21:07	6:20	1	-	3	1:47	52.16	2:24:25	2:46	2	2:32	31	-
Lauf	3.33	10:27	3:08	1	-	5	1:16	55.40	2:34:52	2:47	3	4:25	11	17:18