



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

### Sauer, Thomas

Club: TVG Buschhütten

Number: 337

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

Senioren 2 (45-49 Jahre)

Rank in course/Total: DNF (of 71)

Rank in course/Men: DNF (of 61)

Best time in course: 2:17:34

Rank in category: DNF(of 13)

Best time in the category: 2:24:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	31:24	22:25	8	9:44	46	10:35	1.40	31:24	22:25	2	6:26	44	0:21
Schwimmen Net	1.40	31:24	22:25	2	6:26	44	0:21	1.40	31:24	22:25	2	6:26	44	0:21
Wechsel Schwim	0.05	3:49	76:19	12	1:44	57	2:24	1.45	35:13	24:17	2	8:10	44	1:37
Schwimmen Tot	1.45	35:13	24:17	2	8:10	44	1:37	1.45	35:13	24:17	2	8:10	44	1:37
ZZ Rad	11.00	22:29	2:02	6	2:11	39	4:45	12.45	57:42	4:38	2	-	41	-
ZZ Rad	11.00	25:45	2:20	8	5:34	43	5:37	23.45	1:23:27	3:33	2	-	39	3:00
ZZ Rad	11.00	27:36	2:30	9	4:45	41	7:26	34.45	1:51:03	3:13	1	-	33	4:49
Rad Ende	11.00	24:22	2:12	13	7:57	54	7:57	45.45	2:15:25	2:58	2	34:50	44	7:39
Wechsel Rad-Lau	0.05	2:33	50:59	10	1:13	57	1:34	45.50	2:17:58	3:01	2	36:03	44	8:31
Rad Total	44.05	1:42:45	2:19	9	27:53	53	27:53	45.50	2:17:58	3:01	2	36:03	44	8:31
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	48.83	-	-	-	-	-	-
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-
Lauf	3.33	fehlt!	-	-	-	-	-	55.40	-	-	-	-	-	-