



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Rienermann, Simon

Total time: 1:40:36

Club: SSV Stockum

Number: 171

Course: 25.70 km

Rank in course/Total: 96 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 83 (of 92)

Best time in course: 1:03:19

Category:

Rank in category: 2(of 2)

männliche Jugend A (16+17 Jahre)

Best time in the category: 1:10:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	19:03	27:12	2	9:14	76	9:24	0.70	19:03	27:12	2	9:14	18	1:57
Schwimmen Net	0.70	19:03	27:12	2	9:14	18	1:57	0.70	19:03	27:12	2	9:14	18	1:57
Wechsel Schwim	0.05	4:07	82:19	2	2:55	88	2:55	0.75	23:10	30:53	2	12:09	33	3:27
Schwimmen Tot	0.75	23:10	30:53	2	12:09	33	3:27	0.75	23:10	30:53	2	12:09	33	3:27
ZZ Rad	10.00	25:28	2:32	2	5:38	70	8:00	10.75	48:38	4:31	2	17:47	30	6:29
Rad Ende	10.00	24:57	2:29	2	6:28	78	9:58	20.75	1:13:35	3:32	2	24:15	33	10:51
Wechsel Rad-Lau	0.05	1:31	30:19	2	0:43	62	0:52	20.80	1:15:06	3:36	2	24:58	33	11:00
Rad Total	20.05	51:56	2:35	2	12:49	87	17:19	20.80	1:15:06	3:36	2	24:58	33	11:00
ZZ Lauf	2.50	12:19	4:55	2	2:17	50	3:28	23.30	1:27:25	3:45	2	27:15	32	12:07
Lauf	2.50	13:11	5:16	2	2:31	63	3:49	25.70	1:40:36	3:54	2	29:46	83	37:17