



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Giesmann, Corona

Total time: 1:40:59

Club: Bochum

Number: 225

Course: 25.70 km

Rank in course/Total: 98 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 14 (of 24)

Best time in course: 1:15:12

Category:

Rank in category: 6(of 8)

AK2 weiblich (25-29 Jahre)

Best time in the category: 1:15:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	20:48	29:42	6	6:44	19	6:59	0.70	20:48	29:42	6	6:44	12	3:54
Schwimmen Net	0.70	20:48	29:42	6	6:44	12	3:54	0.70	20:48	29:42	6	6:44	12	3:54
Wechsel Schwim	0.05	2:45	55:00	5	0:46	15	1:04	0.75	23:33	31:24	6	7:30	12	4:10
Schwimmen Total	0.75	23:33	31:24	6	7:30	12	4:10	0.75	23:33	31:24	6	7:30	12	4:10
ZZ Rad	10.00	23:42	2:22	2	4:08	4	4:08	10.75	47:15	4:23	4	11:38	9	11:38
Rad Ende	10.00	22:08	2:12	4	4:03	6	4:03	20.75	1:09:23	3:20	6	15:41	12	
Wechsel Rad-Lau	0.05	1:53	37:39	5	0:42	17	0:54	20.80	1:11:16	3:25	6	16:22	12	
Rad Total	20.05	47:43	2:22	4	8:52	8	8:52	20.80	1:11:16	3:25	6	16:22	12	
ZZ Lauf	2.50	14:36	5:50	6	4:47	15	4:47	23.30	1:25:52	3:41	6	21:09	12	0:50
Lauf	2.50	15:07	6:02	6	4:38	15	4:38	25.70	1:40:59	3:55	6	25:47	14	25:47