



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Austermann, Andrea

Total time: 1:42:16

Club: Marienfeld

Number: 211

Course: 25.70 km

Rank in course/Total: 101 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 15 (of 24)

Best time in course: 1:15:12

Category:

Rank in category: 2(of 2)

AK4 weiblich (35-39 Jahre)

Best time in the category: 1:35:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	22:32	32:11	2	7:47	24	8:43	0.70	22:32	32:11	2	7:47	11	5:38
Schwimmen Net	0.70	22:32	32:11	2	7:47	11	5:38	0.70	22:32	32:11	2	7:47	11	5:38
Wechsel Schwim	0.05	1:51	37:00	1	-	3	0:10	0.75	24:23	32:30	2	6:56	11	5:00
Schwimmen Total	0.75	24:23	32:30	2	6:56	11	5:00	0.75	24:23	32:30	2	6:56	11	5:00
ZZ Rad	10.00	fehlt!	-	-	-	-	-	10.75	-	-	-	-	-	-
Rad Ende	10.00	49:16	4:55	2	4:01	21	31:11	20.75	1:13:39	3:32	2	10:57	11	3:58
Wechsel Rad-Lauf	0.05	1:20	26:39	1	-	6	0:21	20.80	1:14:59	3:36	2	10:36	11	3:35
Rad Total	20.05	50:36	2:31	2	3:40	13	11:45	20.80	1:14:59	3:36	2	10:36	11	3:35
ZZ Lauf	2.50	13:10	5:15	1	-	10	3:21	23.30	1:28:09	3:46	2	9:05	11	3:07
Lauf	2.50	14:07	5:38	1	-	13	3:38	25.70	1:42:16	3:58	2	7:14	15	27:04