



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

**Blissenbach, Gerd**

**Total time: 2:37:16**

Club: SV Bergisch Gladbach

Number: 349

Course: 55.40 km

Rank in course/Total: 14 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 14 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 1(of 9)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	25:39	18:19	2	2:37	15	4:50	1.40	25:39	18:19	1	-	45	
Schwimmen Net	1.40	25:39	18:19	1	-	45		1.40	25:39	18:19	1	-	45	
Wechsel Schwim	0.05	2:05	41:39	1	-	9	0:40	1.45	27:44	19:07	1	-	45	
Schwimmen Tot	1.45	27:44	19:07	1	-	45		1.45	27:44	19:07	1	-	45	
ZZ Rad	11.00	19:39	1:47	1	-	11	1:55	12.45	47:23	3:48	1	-	42	
ZZ Rad	11.00	21:48	1:58	1	-	7	1:40	23.45	1:09:11	2:57	1	-	40	
ZZ Rad	11.00	21:58	1:59	1	-	7	1:48	34.45	1:31:09	2:38	1	-	34	
Rad Ende	11.00	18:24	1:40	1	-	12	1:59	45.45	1:49:33	2:24	1	-	45	
Wechsel Rad-Lau	0.05	1:39	32:59	3	0:22	27	0:40	45.50	1:51:12	2:26	1	-	45	
Rad Total	44.05	1:23:28	1:53	1	-	11	8:36	45.50	1:51:12	2:26	1	-	45	
ZZ Lauf	3.33	11:17	3:23	3	0:14	19	2:28	48.83	2:02:29	2:30	1	-	43	
ZZ Lauf	3.33	23:01	6:54	1	-	9	3:41	52.16	2:25:30	2:47	1	-	32	
Lauf	3.33	11:46	3:32	2	0:09	13	2:35	55.40	2:37:16	2:50	1	-	14	19:42