



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Hermes, Lena

Total time: 10:25

Club: TriFun Hennesee

Number: 3

Course: 1.94 km

Rank in course/Total: 16 (of 23)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 7 (of 10)

Best time in course: 7:42

Category:

Rank in category: 3(of 4)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 9:09

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.04 | 1:26 | 35:50 | 3 | 0:37 | 7 | 0:41 | 0.04 | 1:26 | 35:50 | 3 | 0:37 | 7 | 0:41 |
| Wechsel Schwim | 0.05 | 2:20 | 46:39 | 4 | 0:27 | 8 | 0:48 | 0.09 | 3:46 | 41:51 | 3 | 0:59 | 7 | 1:29 |
| Schwimmen Total | 0.09 | 3:46 | 41:51 | 3 | 0:59 | 7 | 1:29 | 0.09 | 3:46 | 41:51 | 3 | 0:59 | 7 | 1:29 |
| Rad Ende | 1.50 | 4:12 | 2:48 | 3 | 0:29 | 8 | 1:00 | 1.59 | 7:58 | 5:00 | 3 | 1:09 | 7 | 2:29 |
| Wechsel Rad-Lauf | 0.05 | 0:36 | 11:59 | 3 | 0:07 | 7 | 0:12 | 1.64 | 8:34 | 5:13 | 3 | 1:16 | 7 | 2:40 |
| Rad Total | 1.55 | 4:48 | 3:05 | 3 | 0:32 | 7 | 1:11 | 1.64 | 8:34 | 5:13 | 3 | 1:16 | 7 | 2:40 |
| Lauf | 0.40 | 1:51 | 4:37 | 2 | 0:07 | 5 | 0:15 | 1.94 | 10:25 | 5:22 | 3 | 1:16 | 7 | 2:43 |