



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Querdel, Christoph

Total time: 2:40:59

Club: BTC Herne

Number: 369

Course: 55.40 km

Rank in course/Total: 16 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 16 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 3(of 8)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:17:34

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 1.40 | 31:45 | 22:40 | 8 | 10:30 | 49 | 10:56 | 1.40 | 31:45 | 22:40 | 3 | 10:30 | 48 | 0:42 |
| Schwimmen Net | 1.40 | 31:45 | 22:40 | 3 | 10:30 | 48 | 0:42 | 1.40 | 31:45 | 22:40 | 3 | 10:30 | 48 | 0:42 |
| Wechsel Schwim | 0.05 | 2:03 | 40:59 | 2 | 0:27 | 7 | 0:38 | 1.45 | 33:48 | 23:18 | 3 | 10:57 | 48 | 0:12 |
| Schwimmen Total | 1.45 | 33:48 | 23:18 | 3 | 10:57 | 48 | 0:12 | 1.45 | 33:48 | 23:18 | 3 | 10:57 | 48 | 0:12 |
| ZZ Rad | 11.00 | 19:00 | 1:43 | 3 | 0:34 | 7 | 1:16 | 12.45 | 52:48 | 4:14 | 3 | 11:31 | 44 | |
| ZZ Rad | 11.00 | 22:10 | 2:00 | 3 | 1:19 | 10 | 2:02 | 23.45 | 1:14:58 | 3:11 | 3 | 12:50 | 42 | |
| ZZ Rad | 11.00 | 22:47 | 2:04 | 3 | 1:32 | 10 | 2:37 | 34.45 | 1:37:45 | 2:50 | 3 | 14:22 | 36 | |
| Rad Ende | 11.00 | 18:17 | 1:39 | 3 | 0:41 | 8 | 1:52 | 45.45 | 1:56:02 | 2:33 | 3 | 15:03 | 48 | |
| Wechsel Rad-Lau | 0.05 | 1:20 | 26:39 | 2 | 0:17 | 9 | 0:21 | 45.50 | 1:57:22 | 2:34 | 3 | 15:20 | 48 | |
| Rad Total | 44.05 | 1:23:34 | 1:53 | 3 | 4:23 | 12 | 8:42 | 45.50 | 1:57:22 | 2:34 | 3 | 15:20 | 48 | |
| ZZ Lauf | 3.33 | 10:04 | 3:01 | 2 | 1:15 | 7 | 1:15 | 48.83 | 2:07:26 | 2:36 | 3 | | 31 | |
| ZZ Lauf | 3.33 | 21:43 | 6:31 | 2 | 2:23 | 4 | 2:23 | 52.16 | 2:29:09 | 2:51 | 2 | 14:48 | 34 | |
| Lauf | 3.33 | 11:50 | 3:33 | 4 | 2:39 | 15 | 2:39 | 55.40 | 2:40:59 | 2:54 | 3 | 23:25 | 16 | 23:25 |