



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Querdel, Christoph

Total time: 2:40:59

Club: BTC Herne

Number: 369

Course: 55.40 km

Rank in course/Total: 16 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 16 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 3(of 8)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:17:34

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	31:45	22:40	8	10:30	49	10:56	1.40	31:45	22:40	3	10:30	48	0:42
Schwimmen Net	1.40	31:45	22:40	3	10:30	48	0:42	1.40	31:45	22:40	3	10:30	48	0:42
Wechsel Schwim	0.05	2:03	40:59	2	0:27	7	0:38	1.45	33:48	23:18	3	10:57	48	0:12
Schwimmen Total	1.45	33:48	23:18	3	10:57	48	0:12	1.45	33:48	23:18	3	10:57	48	0:12
ZZ Rad	11.00	19:00	1:43	3	0:34	7	1:16	12.45	52:48	4:14	3	11:31	44	
ZZ Rad	11.00	22:10	2:00	3	1:19	10	2:02	23.45	1:14:58	3:11	3	12:50	42	
ZZ Rad	11.00	22:47	2:04	3	1:32	10	2:37	34.45	1:37:45	2:50	3	14:22	36	
Rad Ende	11.00	18:17	1:39	3	0:41	8	1:52	45.45	1:56:02	2:33	3	15:03	48	
Wechsel Rad-Lau	0.05	1:20	26:39	2	0:17	9	0:21	45.50	1:57:22	2:34	3	15:20	48	
Rad Total	44.05	1:23:34	1:53	3	4:23	12	8:42	45.50	1:57:22	2:34	3	15:20	48	
ZZ Lauf	3.33	10:04	3:01	2	1:15	7	1:15	48.83	2:07:26	2:36	3		31	
ZZ Lauf	3.33	21:43	6:31	2	2:23	4	2:23	52.16	2:29:09	2:51	2	14:48	34	
Lauf	3.33	11:50	3:33	4	2:39	15	2:39	55.40	2:40:59	2:54	3	23:25	16	23:25