



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Gehrmann, Janin

Total time: 1:50:09

Club: Ratingen

Number: 190

Course: 25.70 km

Rank in course/Total: 111 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 21 (of 24)

Best time in course: 1:15:12

Category:

Rank in category: 7(of 8)

AK2 weiblich (25-29 Jahre)

Best time in the category: 1:15:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	21:10	30:14	7	7:06	21	7:21	0.70	21:10	30:14	7	7:06	5	4:16
Schwimmen Net	0.70	21:10	30:14	7	7:06	5	4:16	0.70	21:10	30:14	7	7:06	5	4:16
Wechsel Schwim	0.05	3:01	60:19	7	1:02	17	1:20	0.75	24:11	32:14	7	8:08	5	4:48
Schwimmen Tot	0.75	24:11	32:14	7	8:08	5	4:48	0.75	24:11	32:14	7	8:08	5	4:48
ZZ Rad	10.00	fehlt!	-	-	-	-	-	10.75	-	-	-	-	-	-
Rad Ende	10.00	51:54	5:11	8	33:49	24	33:49	20.75	1:16:05	3:39	7	22:23	5	6:24
Wechsel Rad-Lau	0.05	2:43	54:20	8	1:32	24	1:44	20.80	1:18:48	3:47	7	23:54	5	7:24
Rad Total	20.05	54:37	2:43	8	15:46	21	15:46	20.80	1:18:48	3:47	7	23:54	5	7:24
ZZ Lauf	2.50	15:13	6:05	7	5:24	20	5:24	23.30	1:34:01	4:02	7	29:18	5	8:59
Lauf	2.50	16:08	6:27	7	5:39	20	5:39	25.70	1:50:09	4:17	7	34:57	21	34:57