



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Korf, Dr. Tim-Nicolas

Total time: 2:50:36

Club: Warsteiner Bergziegen

Number: 319

Course: 55.40 km

Rank in course/Total: 29 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 28 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 5(of 9)

AK3 männlich (30-34 Jahre)

Best time in the category: 2:30:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	28:44	20:31	5	4:41	29	7:55	1.40	28:44	20:31	5	-	-	61
Schwimmen Net	1.40	28:44	20:31	5	-	61	-	1.40	28:44	20:31	5	-	-	61
Wechsel Schwim	0.05	2:29	49:39	5	0:31	25	1:04	1.45	31:13	21:31	5	-	-	61
Schwimmen Tot	1.45	31:13	21:31	5	-	61	-	1.45	31:13	21:31	5	-	-	61
ZZ Rad	11.00	fehlt!	-	-	-	-	-	12.45	-	-	-	-	-	-
ZZ Rad	11.00	fehlt!	-	-	-	-	-	23.45	-	-	-	-	-	-
ZZ Rad	11.00	fehlt!	-	-	-	-	-	34.45	-	-	-	-	-	-
Rad Ende	11.00	1:28:12	8:01	9	1:09:55	61	1:11:47	45.45	1:59:25	2:37	5	11:54	61	
Wechsel Rad-Lau	0.05	1:31	30:19	5	0:19	20	0:32	45.50	2:00:56	2:39	5	12:05	61	
Rad Total	44.05	1:29:43	2:02	6	12:14	29	14:51	45.50	2:00:56	2:39	5	12:05	61	
ZZ Lauf	3.33	11:32	3:27	6	1:50	25	2:43	48.83	2:12:28	2:42	5	13:55	59	
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-
Lauf	3.33	38:08	11:27	9	27:41	57	28:57	55.40	2:50:36	3:04	5	20:09	28	33:02