



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Wüster, Bernd

Total time: 2:51:10

Club: Tri Power Rhein-Sieg

Number: 343

Course: 55.40 km

Rank in course/Total: 32 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 31 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 3(of 9)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:16

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	1.40	23:02	16:27	1	-	7	2:13	1.40	23:02	16:27	3			3	
Schwimmen Net	1.40	23:02	16:27	3		3		1.40	23:02	16:27	3			3	
Wechsel Schwim	0.05	2:27	49:00	3	0:22	20	1:02	1.45	25:29	17:34	3			3	
Schwimmen Total	1.45	25:29	17:34	3		3		1.45	25:29	17:34	3			3	
ZZ Rad	11.00	20:32	1:52	3	0:53	19	2:48	12.45	46:01	3:41	3			16	
ZZ Rad	11.00	23:35	2:08	3	1:47	26	3:27	23.45	1:09:36	2:58	3	0:25		2	
ZZ Rad	11.00	24:05	2:11	3	2:07	24	3:55	34.45	1:33:41	2:43	3	2:32		13	
Rad Ende	11.00	19:43	1:47	3	1:19	28	3:18	45.45	1:53:24	2:29	3	3:51		3	
Wechsel Rad-Lau	0.05	1:45	35:00	4	0:28	34	0:46	45.50	1:55:09	2:31	3	3:57		3	
Rad Total	44.05	1:29:40	2:02	3	6:12	28	14:48	45.50	1:55:09	2:31	3	3:57		3	
ZZ Lauf	3.33	15:36	4:41	9	4:33	53	6:47	48.83	2:10:45	2:40	3	8:16		2	
ZZ Lauf	3.33	27:40	8:18	7	4:39	39	8:20	52.16	2:38:25	3:02	3	12:55		49	
Lauf	3.33	12:45	3:49	5	1:08	28	3:34	55.40	2:51:10	3:05	3	13:54	31	33:36	