



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Tatus, Anke

Total time: 1:56:12

Club: Dortmund

Number: 139

Course: 25.70 km

Rank in course/Total: 114 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 23 (of 24)

Best time in course: 1:15:12

Category:

Rank in category: 3(of 3)

Seniorinnen 1 (40-44 Jahre)

Best time in the category: 1:29:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	21:45	31:04	3	4:38	23	7:56	0.70	21:45	31:04	3	4:38	3	4:51
Schwimmen Net	0.70	21:45	31:04	3	4:38	3	4:51	0.70	21:45	31:04	3	4:38	3	4:51
Wechsel Schwim	0.05	3:30	70:00	3	0:46	22	1:49	0.75	25:15	33:39	3	5:24	3	5:52
Schwimmen Total	0.75	25:15	33:39	3	5:24	3	5:52	0.75	25:15	33:39	3	5:24	3	5:52
ZZ Rad	10.00	28:20	2:49	3	5:58	14	8:46	10.75	53:35	4:59	3	11:22	15	17:58
Rad Ende	10.00	25:40	2:34	3	5:12	15	7:35	20.75	1:19:15	3:49	3	16:34	3	9:34
Wechsel Rad-Lauf	0.05	1:49	36:19	3	0:17	16	0:50	20.80	1:21:04	3:53	3	16:51	3	9:40
Rad Total	20.05	55:49	2:47	3	11:27	22	16:58	20.80	1:21:04	3:53	3	16:51	3	9:40
ZZ Lauf	2.50	16:56	6:46	3	4:34	23	7:07	23.30	1:38:00	4:12	3	21:25	3	12:58
Lauf	2.50	18:12	7:16	3	5:42	23	7:43	25.70	1:56:12	4:31	3	27:07	23	41:00