



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

**Stolze, Michael**

Club: Tri Speedys Peine

Number: 193

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 1:56:56

Rank in course/Total: 115 (of 116)

Rank in course/Men: 92 (of 92)

Best time in course: 1:03:19

Rank in category: 23(of 23)

Best time in the category: 1:10:03

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.70	22:28	32:05	23	10:15	91	12:49	0.70	22:28	32:05	2	7:22	25	5:22	
Schwimmen Net	0.70	22:28	32:05	2	7:22	25	5:22	0.70	22:28	32:05	2	7:22	25	5:22	
Wechsel Schwim	0.05	5:24	108:00	23	3:59	92	4:12	0.75	27:52	37:09	2	9:50	25	8:09	
Schwimmen Total	0.75	27:52	37:09	2	9:50	25	8:09	0.75	27:52	37:09	2	9:50	25	8:09	
ZZ Rad	10.00	28:45	2:52	20	10:33	78	11:17	10.75	56:37	5:15	2	17:30	22	14:28	
Rad Ende	10.00	24:32	2:27	19	9:33	77	9:33	20.75	1:21:09	3:54	2	23:05	25	18:25	
Wechsel Rad-Lau	0.05	2:48	55:59	23	2:01	92	2:09	20.80	1:23:57	4:02	2	24:10	25	19:51	
Rad Total	20.05	56:05	2:47	23	20:14	91	21:28	20.80	1:23:57	4:02	2	24:10	25	19:51	
ZZ Lauf	2.50	16:12	6:28	23	6:51	87	7:21	23.30	1:40:09	4:17	2	28:11	24	24:51	
Lauf	2.50	16:47	6:42	23	7:00	86	7:25	25.70	1:56:56	4:32	23	46:53	92	53:37	