



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Pagon, Duschan

Club: TV Attendorn TRI-TIME

Number: 322

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

Senioren 2 (45-49 Jahre)

Rank in course/Total: DNF (of 71)

Rank in course/Men: DNF (of 61)

Best time in course: 2:17:34

Rank in category: DNF(of 13)

Best time in the category: 2:24:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	32:42	23:21	10	11:02	51	11:53	1.40	32:42	23:21	9	7:44	9	1:39
Schwimmen Net	1.40	32:42	23:21	9	7:44	9	1:39	1.40	32:42	23:21	9	7:44	9	1:39
Wechsel Schwim	0.05	3:12	64:00	10	1:07	47	1:47	1.45	35:54	24:45	9	8:51	9	2:18
Schwimmen Tot	1.45	35:54	24:45	9	8:51	9	2:18	1.45	35:54	24:45	9	8:51	9	2:18
ZZ Rad	11.00	24:04	2:11	8	3:46	45	6:20	12.45	59:58	4:48	9		7	0:47
ZZ Rad	11.00	26:32	2:24	11	6:21	47	6:24	23.45	1:26:30	3:41	9	2:20	8	6:03
ZZ Rad	11.00	28:03	2:33	10	5:12	44	7:53	34.45	1:54:33	3:19	7	3:30	7	8:19
Rad Ende	11.00	22:28	2:02	10	6:03	47	6:03	45.45	2:17:01	3:00	9	36:26	9	9:15
Wechsel Rad-Lau	0.05	3:13	64:19	12	1:53	60	2:14	45.50	2:20:14	3:04	9	38:19	9	10:47
Rad Total	44.05	1:44:20	2:22	12	29:28	57	29:28	45.50	2:20:14	3:04	9	38:19	9	10:47
ZZ Lauf	3.33	16:39	4:59	10	5:48	54	7:50	48.83	2:36:53	3:12	8	23:18	8	15:26
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-
Lauf	3.33	fehlt!	-	-	-	-	-	55.40	-	-	-	-	-	-