



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Baumhögger, Karl-Heinz

Total time: 2:58:31

Club: SC Borchlen

Number: 344

Course: 55.40 km

Rank in course/Total: 41 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 39 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 2(of 4)

Senioren 4 (55-59 Jahre)

Best time in the category: 2:41:43

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 1.40 | 29:04 | 20:45 | 2 | 3:59 | 31 | 8:15 | 1.40 | 29:04 | 20:45 | 3 | 3:59 | 13 | |
| Schwimmen Net | 1.40 | 29:04 | 20:45 | 3 | 3:59 | 13 | | 1.40 | 29:04 | 20:45 | 3 | 3:59 | 13 | |
| Wechsel Schwim | 0.05 | 3:09 | 62:59 | 3 | 0:55 | 45 | 1:44 | 1.45 | 32:13 | 22:13 | 3 | 4:54 | 13 | |
| Schwimmen Tot | 1.45 | 32:13 | 22:13 | 3 | 4:54 | 13 | | 1.45 | 32:13 | 22:13 | 3 | 4:54 | 13 | |
| ZZ Rad | 11.00 | 21:09 | 1:55 | 2 | 2:47 | 28 | 3:25 | 12.45 | 53:22 | 4:17 | 3 | 7:41 | 11 | |
| ZZ Rad | 11.00 | 24:00 | 2:10 | 2 | 2:30 | 29 | 3:52 | 23.45 | 1:17:22 | 3:17 | 2 | 10:11 | 11 | |
| ZZ Rad | 11.00 | 24:39 | 2:14 | 2 | 2:49 | 27 | 4:29 | 34.45 | 1:42:01 | 2:57 | 2 | 13:00 | 9 | |
| Rad Ende | 11.00 | 20:50 | 1:53 | 2 | 2:46 | 38 | 4:25 | 45.45 | 2:02:51 | 2:42 | 3 | 15:46 | 13 | |
| Wechsel Rad-Lau | 0.05 | 1:56 | 38:39 | 4 | 0:13 | 40 | 0:57 | 45.50 | 2:04:47 | 2:44 | 3 | 15:59 | 13 | |
| Rad Total | 44.05 | 1:32:34 | 2:06 | 2 | 11:05 | 37 | 17:42 | 45.50 | 2:04:47 | 2:44 | 3 | 15:59 | 13 | |
| ZZ Lauf | 3.33 | 12:54 | 3:52 | 3 | 1:13 | 43 | 4:05 | 48.83 | 2:17:41 | 2:49 | 3 | 17:12 | 12 | |
| ZZ Lauf | 3.33 | 27:14 | 8:10 | 2 | 0:09 | 36 | 7:54 | 52.16 | 2:44:55 | 3:09 | 2 | 17:21 | 8 | |
| Lauf | 3.33 | 13:36 | 4:05 | 1 | - | 37 | 4:25 | 55.40 | 2:58:31 | 3:13 | 2 | 16:48 | 39 | 40:57 |