



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Habicht, Sebastian

Total time: 3:02:47

Club: FSG Oberes Siegtal

Number: 357

Course: 55.40 km

Rank in course/Total: 49 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 46 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 7(of 9)

AK3 männlich (30-34 Jahre)

Best time in the category: 2:30:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	34:39	24:45	8	10:36	55	13:50	1.40	34:39	24:45	7	5:20	18	3:36
Schwimmen Net	1.40	34:39	24:45	7	5:20	18	3:36	1.40	34:39	24:45	7	5:20	18	3:36
Wechsel Schwim	0.05	2:48	55:59	6	0:50	34	1:23	1.45	37:27	25:49	7	6:05	18	3:51
Schwimmen Tot	1.45	37:27	25:49	7	6:05	18	3:51	1.45	37:27	25:49	7	6:05	18	3:51
ZZ Rad	11.00	21:44	1:58	5	4:00	31	4:00	12.45	59:11	4:45	6	10:05	1	-
ZZ Rad	11.00	24:25	2:13	5	2:18	33	4:17	23.45	1:23:36	3:33	5		16	3:09
ZZ Rad	11.00	25:03	2:16	4	2:36	30	4:53	34.45	1:48:39	3:09	4	14:56	14	2:25
Rad Ende	11.00	20:23	1:51	5	2:06	35	3:58	45.45	2:09:02	2:50	7	21:31	18	1:16
Wechsel Rad-Lau	0.05	1:44	34:39	6	0:32	33	0:45	45.50	2:10:46	2:52	7	21:55	18	1:19
Rad Total	44.05	1:33:19	2:07	7	15:50	40	18:27	45.50	2:10:46	2:52	7	21:55	18	1:19
ZZ Lauf	3.33	12:19	3:41	8	2:37	38	3:30	48.83	2:23:05	2:55	7	24:32	17	1:38
ZZ Lauf	3.33	26:38	7:59	6	5:31	32	7:18	52.16	2:49:43	3:15	5	27:50	13	0:06
Lauf	3.33	13:04	3:55	5	2:37	32	3:53	55.40	3:02:47	3:17	7	32:20	46	45:13