



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Kleber, Lothar

Total time: 3:29:58

Club: Tri-Cops Warstein

Number: 320

Course: 55.40 km

Rank in course/Total: 64 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 57 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 9(of 9)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	35:10	25:07	8	12:08	56	14:21	1.40	35:10	25:07	9	9:31	29	4:07
Schwimmen Net	1.40	35:10	25:07	9	9:31	29	4:07	1.40	35:10	25:07	9	9:31	29	4:07
Wechsel Schwim	0.05	3:23	67:39	6	1:18	51	1:58	1.45	38:33	26:35	9	10:49	29	4:57
Schwimmen Tot	1.45	38:33	26:35	9	10:49	29	4:57	1.45	38:33	26:35	9	10:49	29	4:57
ZZ Rad	11.00	24:10	2:11	9	4:31	46	6:26	12.45	1:02:43	5:02	9	15:20	27	3:32
ZZ Rad	11.00	26:39	2:25	8	4:51	49	6:31	23.45	1:29:22	3:48	9	20:11	26	8:55
ZZ Rad	11.00	27:55	2:32	8	5:57	43	7:45	34.45	1:57:17	3:24	8	26:08	22	11:03
Rad Ende	11.00	23:23	2:07	9	4:59	51	6:58	45.45	2:20:40	3:05	9	31:07	29	12:54
Wechsel Rad-Lau	0.05	1:46	35:19	5	0:29	36	0:47	45.50	2:22:26	3:07	9	31:14	29	12:59
Rad Total	44.05	1:43:53	2:21	9	20:25	55	29:01	45.50	2:22:26	3:07	9	31:14	29	12:59
ZZ Lauf	3.33	15:25	4:37	8	4:22	52	6:36	48.83	2:37:51	3:13	9	35:22	28	16:24
ZZ Lauf	3.33	35:50	10:45	9	12:49	48	16:30	52.16	3:13:41	3:42	9	48:11	23	24:04
Lauf	3.33	16:17	4:53	9	4:40	53	7:06	55.40	3:29:58	3:47	9	52:42	57	1:12:24