



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Hauser, Michael

Club: FSV Köln Triathlon

Number: 167

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

AK4 männlich (35-39 Jahre)

Total time: 1:07:26

Rank in course/Total: 4 (of 116)

Rank in course/Men: 4 (of 92)

Best time in course: 1:03:19

Rank in category: 1(of 8)

Best time in the category: 1:07:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	12:02	17:11	1	-	7	2:23	0.70	12:02	17:11	1	-	67	
Schwimmen Net	0.70	12:02	17:11	1	-	67		0.70	12:02	17:11	1	-	67	
Wechsel Schwim	0.05	1:43	34:19	2	0:06	16	0:31	0.75	13:45	18:19	1	-	67	
Schwimmen Total	0.75	13:45	18:19	1	-	67		0.75	13:45	18:19	1	-	67	
ZZ Rad	10.00	fehlt!	-	-	-	-	-	10.75	-	-	-	-	-	-
Rad Ende	10.00	34:21	3:26	8	16:38	83	19:22	20.75	48:06	2:19	1	-	67	
Wechsel Rad-Lau	0.05	0:47	15:39	1	-	4	0:08	20.80	48:53	2:21	1	-	67	
Rad Total	20.05	35:08	1:45	1	-	3	0:31	20.80	48:53	2:21	1	-	67	
ZZ Lauf	2.50	fehlt!	-	-	-	-	-	23.30	-	-	-	-	-	-
Lauf	2.50	18:33	7:25	8	9:11	92	9:11	25.70	1:07:26	2:37	1	-	4	4:07