



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Terstesse, Christian

Total time: 1:10:03

Club: TSVE 1890 Bielefeld

Number: 131

Course: 25.70 km

Rank in course/Total: 5 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 5 (of 92)

Best time in course: 1:03:19

Category:

Rank in category: 1(of 23)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:10:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	12:13	17:27	1	-	8	2:34	0.70	12:13	17:27	13			66
Schwimmen Net	0.70	12:13	17:27	13		66		0.70	12:13	17:27	13			66
Wechsel Schwim	0.05	1:30	30:00	4	0:05	8	0:18	0.75	13:43	18:17	13			66
Schwimmen Total	0.75	13:43	18:17	13		66		0.75	13:43	18:17	13			66
ZZ Rad	10.00	18:12	1:49	1	-	2	0:44	10.75	31:55	2:58	11			60
Rad Ende	10.00	16:51	1:41	2	1:52	3	1:52	20.75	48:46	2:21	13			66
Wechsel Rad-Lau	0.05	0:48	16:00	2	0:01	6	0:09	20.80	49:34	2:22	13			66
Rad Total	20.05	35:51	1:47	1	-	5	1:14	20.80	49:34	2:22	13			66
ZZ Lauf	2.50	10:04	4:01	2	0:43	8	1:13	23.30	59:38	2:33	13			78
Lauf	2.50	10:25	4:09	2	0:38	6	1:03	25.70	1:10:03	2:43	1	-	5	6:44