



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Trioten

Club: Trioten

Number: 52

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:12:01

Rank in course/Total: 1 (of 28)

Rank in course/Total: 1 (of 28)

Best time in course: 1:12:01

Rank in category: 1(of 28)

Best time in the category: 1:12:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.70	12:25	17:44	2	2:51	2	2:51	0.70	12:25	17:44	15		15	
Schwimmen Net	0.70	12:25	17:44	15		15		0.70	12:25	17:44	15		15	
Wechsel Schwim	0.05	1:07	22:19	1	-	1	-	0.75	13:32	18:02	15		15	
Schwimmen Total	0.75	13:32	18:02	15		15		0.75	13:32	18:02	15		15	
ZZ Rad	10.00	19:32	1:57	5	5:58	5	5:58	10.75	33:04	3:04	15		15	
Rad Ende	10.00	18:36	1:51	4	0:53	4	0:53	20.75	51:40	2:29	15		15	
Wechsel Rad-Lau	0.05	0:36	11:59	1	-	1	-	20.80	52:16	2:30	15		15	
Rad Total	20.05	38:44	1:55	6	2:02	6	2:02	20.80	52:16	2:30	15		15	
ZZ Lauf	2.50	9:31	3:48	2	4:08	2	4:08	23.30	1:01:47	2:39	15		15	
Lauf	2.50	10:14	4:05	1	-	1	-	25.70	1:12:01	2:48	1	-	1	-