



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Borgmann, André

Club: Lippstadt

Number: 114

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 1:16:19

Rank in course/Total: 21 (of 116)

Rank in course/Men: 20 (of 92)

Best time in course: 1:03:19

Rank in category: 5(of 16)

Best time in the category: 1:12:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	14:24	20:34	7	1:10	27	4:45	0.70	14:24	20:34	5	0:54	51	
Schwimmen Net	0.70	14:24	20:34	5	0:54	51		0.70	14:24	20:34	5	0:54	51	
Wechsel Schwim	0.05	2:03	40:59	6	0:35	29	0:51	0.75	16:27	21:56	5	1:12	51	
Schwimmen Total	0.75	16:27	21:56	5	1:12	51		0.75	16:27	21:56	5	1:12	51	
ZZ Rad	10.00	19:23	1:56	3	1:10	9	1:55	10.75	35:50	3:20	4	1:21	49	
Rad Ende	10.00	17:47	1:46	3	0:37	12	2:48	20.75	53:37	2:35	5	2:23	51	
Wechsel Rad-Lau	0.05	1:10	23:19	5	0:09	30	0:31	20.80	54:47	2:38	5	2:20	51	
Rad Total	20.05	38:20	1:54	4	1:45	18	3:43	20.80	54:47	2:38	5	2:20	51	
ZZ Lauf	2.50	10:35	4:14	4	0:35	13	1:44	23.30	1:05:22	2:48	5	2:55	52	
Lauf	2.50	10:57	4:22	4	0:35	13	1:35	25.70	1:16:19	2:58	5	3:30	20	13:00