



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Die 3 Muskeltiere

Club: Die 3 Muskeltiere

Number: 54

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:16:43

Rank in course/Total: 3 (of 28)

Rank in course/Total: 3 (of 28)

Best time in course: 1:12:01

Rank in category: 3(of 28)

Best time in the category: 1:12:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.70	16:42	23:51	7	7:08	7	7:08	0.70	16:42	23:51	26	3:01	26	3:01
Schwimmen Net	0.70	16:42	23:51	26	3:01	26	3:01	0.70	16:42	23:51	26	3:01	26	3:01
Wechsel Schwim	0.05	1:21	27:00	8	0:14	8	0:14	0.75	18:03	24:03	26	2:59	26	2:59
Schwimmen Tot	0.75	18:03	24:03	26	2:59	26	2:59	0.75	18:03	24:03	26	2:59	26	2:59
ZZ Rad	10.00	18:28	1:50	3	4:54	3	4:54	10.75	36:31	3:23	26		26	
Rad Ende	10.00	17:50	1:46	2	0:07	2	0:07	20.75	54:21	2:37	26		26	
Wechsel Rad-Lau	0.05	0:36	11:59	1	-	1	-	20.80	54:57	2:38	26		26	
Rad Total	20.05	36:54	1:50	2	0:12	2	0:12	20.80	54:57	2:38	26		26	
ZZ Lauf	2.50	10:22	4:08	5	4:59	5	4:59	23.30	1:05:19	2:48	26		26	
Lauf	2.50	11:24	4:33	4	1:10	4	1:10	25.70	1:16:43	2:59	3	4:42	3	4:42