



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

**Kounatidis, Mattheos**

**Total time: 8:20**

Club: SSG Altena

Number: 8

Course: 1.94 km

Rank in course/Total: 6 (of 23)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Men: 4 (of 13)

Best time in course: 7:04

Category:

Rank in category: 2(of 4)

männliche Schüler A (12+13 Jahre)

Best time in the category: 7:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.04	0:48	20:00	1	-	3	0:11	0.04	0:48	20:00	2		4	0:11
Wechsel Schwim	0.05	1:54	37:59	2	0:17	5	0:31	0.09	2:42	30:00	2		4	0:36
Schwimmen Total	0.09	2:42	30:00	2		4	0:36	0.09	2:42	30:00	2		4	0:36
Rad Ende	1.50	3:26	2:17	2	0:20	4	0:30	1.59	6:08	3:51	2	0:15	4	1:06
Wechsel Rad-Lau	0.05	0:27	9:00	2	0:06	4	0:06	1.64	6:35	4:00	2	0:21	4	1:10
Rad Total	1.55	3:53	2:30	2	0:26	4	0:34	1.64	6:35	4:00	2	0:21	4	1:10
Lauf	0.40	1:45	4:22	3	0:17	5	0:17	1.94	8:20	4:17	2	0:38	4	1:16