



# 6. ITH Hennesee Triathlon

Meschede / 06.07.2013

## Detailed evaluation

**König, Tammo**

**Total time: 2:17:34**

Club: 1. TCO die Bären

Number: 355

Course: 55.40 km

Rank in course/Total: 1 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 1 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 1(of 8)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:17:34

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	1.40	21:15	15:10	1	-	2	0:26	1.40	21:15	15:10	1	-	47		
Schwimmen Net	1.40	21:15	15:10	1	-	47		1.40	21:15	15:10	1	-	47		
Wechsel Schwim	0.05	1:36	32:00	1	-	2	0:11	1.45	22:51	15:45	1	-	47		
Schwimmen Total	1.45	22:51	15:45	1	-	47		1.45	22:51	15:45	1	-	47		
ZZ Rad	11.00	18:26	1:40	1	-	5	0:42	12.45	41:17	3:18	1	-	45		
ZZ Rad	11.00	20:51	1:53	1	-	4	0:43	23.45	1:02:08	2:38	1	-	43		
ZZ Rad	11.00	21:15	1:55	1	-	3	1:05	34.45	1:23:23	2:25	1	-	37		
Rad Ende	11.00	17:36	1:36	1	-	5	1:11	45.45	1:40:59	2:13	1	-	47		
Wechsel Rad-Lau	0.05	1:03	21:00	1	-	2	0:04	45.50	1:42:02	2:14	1	-	47		
Rad Total	44.05	1:19:11	1:47	1	-	6	4:19	45.50	1:42:02	2:14	1	-	47		
ZZ Lauf	3.33	26:21	7:54	8	17:32	56	17:32	48.83	2:08:23	2:37	1	-	46		
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-	-
Lauf	3.33	9:11	2:45	1	-	1	-	55.40	2:17:34	2:28	1	-	1	-	-