



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Böhle, Dirk

Total time: 1:23:54

Club: TV Werne 03 Wasserfreunde e.V.

Number: 125

Course: 25.70 km

Rank in course/Total: 40 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 37 (of 92)

Best time in course: 1:03:19

Category:

Rank in category: 5(of 10)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:10:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	15:58	22:48	6	2:34	47	6:19	0.70	15:58	22:48	5	2:34	8	
Schwimmen Net	0.70	15:58	22:48	5	2:34	8		0.70	15:58	22:48	5	2:34	8	
Wechsel Schwim	0.05	2:35	51:39	9	0:53	53	1:23	0.75	18:33	24:44	5	3:27	79	
Schwimmen Total	0.75	18:33	24:44	5	3:27	79		0.75	18:33	24:44	5	3:27	79	
ZZ Rad	10.00	21:43	2:10	5	1:54	39	4:15	10.75	40:16	3:44	4	1:59	61	
Rad Ende	10.00	19:50	1:58	4	1:31	39	4:51	20.75	1:00:06	2:53	5	10:49	79	
Wechsel Rad-Lau	0.05	1:17	25:40	6	0:26	44	0:38	20.80	1:01:23	2:57	5	10:55	79	
Rad Total	20.05	42:50	2:08	5	7:28	48	8:13	20.80	1:01:23	2:57	5	10:55	79	
ZZ Lauf	2.50	10:59	4:23	2	1:21	21	2:08	23.30	1:12:22	3:06	5	12:16	67	
Lauf	2.50	11:32	4:36	5	1:15	29	2:10	25.70	1:23:54	3:15	5	13:31	37	20:35