



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Kounatidis, Nikoletta

Total time: 9:09

Club: SSG Altena

Number: 9

Course: 1.94 km

Rank in course/Total: 8 (of 23)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 4 (of 10)

Best time in course: 7:42

Category:

Rank in category: 1(of 4)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 9:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen	0.04	0:49	20:24	1	-	2	0:04	0.04	0:49	20:24	1	-	4	0:04				
Wechsel Schwim	0.05	1:58	39:19	2	0:05	6	0:26	0.09	2:47	30:55	1	-	4	0:30				
Schwimmen Total	0.09	2:47	30:55	1	-	4	0:30	0.09	2:47	30:55	1	-	4	0:30				
Rad Ende	1.50	4:02	2:41	2	0:19	5	0:50	1.59	6:49	4:17	1	-	4	1:20				
Wechsel Rad-Lauf	0.05	0:29	9:39	1	-	5	0:05	1.64	7:18	4:27	1	-	4	1:24				
Rad Total	1.55	4:31	2:54	2	0:15	5	0:54	1.64	7:18	4:27	1	-	4	1:24				
Lauf	0.40	1:51	4:37	2	0:07	5	0:15	1.94	9:09	4:42	1	-	4	1:27				