



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Schulz, Detlef

Total time: 1:25:36

Club: SV Bergisch Gladbach 1920/71

Number: 158

Course: 25.70 km

Rank in course/Total: 51 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 48 (of 92)

Best time in course: 1:03:19

Category:

Rank in category: 6(of 10)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:10:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	14:03	20:04	4	0:39	22	4:24	0.70	14:03	20:04	6	0:39	23	
Schwimmen Net	0.70	14:03	20:04	6	0:39	23		0.70	14:03	20:04	6	0:39	23	
Wechsel Schwim	0.05	1:49	36:19	3	0:07	22	0:37	0.75	15:52	21:09	6	0:46	23	
Schwimmen Tot	0.75	15:52	21:09	6	0:46	23		0.75	15:52	21:09	6	0:46	23	
ZZ Rad	10.00	fehlt!	-	-	-	-	-	10.75	-	-	-	-	-	-
Rad Ende	10.00	42:57	4:17	10	24:38	91	27:58	20.75	58:49	2:50	6	9:32	23	
Wechsel Rad-Lau	0.05	1:03	21:00	2	0:12	21	0:24	20.80	59:52	2:52	6	9:24	23	
Rad Total	20.05	44:00	2:11	7	8:38	56	9:23	20.80	59:52	2:52	6	9:24	23	
ZZ Lauf	2.50	12:27	4:58	8	2:49	56	3:36	23.30	1:12:19	3:06	6	12:13	68	
Lauf	2.50	13:17	5:18	9	3:00	64	3:55	25.70	1:25:36	3:19	6	15:13	48	22:17