



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Die 3 Gipfelstürmer

Club: Die 3 Gipfelstürmer

Number: 60

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:26:40

Rank in course/Total: 11 (of 28)

Rank in course/Total: 11 (of 28)

Best time in course: 1:12:01

Rank in category: 11(of 28)

Best time in the category: 1:12:01

Intermediate times		Stage score				Total ranking								
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.70	16:51	24:04	9	7:17	9	7:17	0.70	16:51	24:04	18	3:10	18	3:10
Schwimmen Net	0.70	16:51	24:04	18	3:10	18	3:10	0.70	16:51	24:04	18	3:10	18	3:10
Wechsel Schwim	0.05	1:17	25:40	2	0:10	2	0:10	0.75	18:08	24:10	18	3:04	18	3:04
Schwimmen Total	0.75	18:08	24:10	18	3:04	18	3:04	0.75	18:08	24:10	18	3:04	18	3:04
ZZ Rad	10.00	22:26	2:14	18	8:52	18	8:52	10.75	40:34	3:46	18	2:26	18	2:26
Rad Ende	10.00	21:49	2:10	17	4:06	17	4:06	20.75	1:02:23	3:00	18	1:31	18	1:31
Wechsel Rad-Lau	0.05	0:44	14:39	9	0:08	9	0:08	20.80	1:03:07	3:02	18	1:12	18	1:12
Rad Total	20.05	44:59	2:14	18	8:17	18	8:17	20.80	1:03:07	3:02	18	1:12	18	1:12
ZZ Lauf	2.50	11:21	4:32	13	5:58	13	5:58	23.30	1:14:28	3:11	18		18	
Lauf	2.50	12:12	4:52	11	1:58	11	1:58	25.70	1:26:40	3:22	11	14:39	11	14:39