



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Sandow, Manfred

Club: Beesten

Number: 232

Course: 49.00 km

Mitteldistanz

Category:

Senioren I

Total time: 2:24:15

Speed: 20.38 km/h

Rank in course/Total: 68 (of 145)

Rank in course/Men: 67 (of 137)

Best time in course: 1:54:01

Rank in category: 23(of 61)

Best time in the category: 1:57:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Steinborn (VP1)	11.10	36:26	18.28	34	8:40	88	9:28	11.10	36:26	18.28	55			69	
Donnershagen (\	16.00	51:22	18.69	20	9:05	58	11:25	27.10	1:27:48	18.52	52			67	20:53
Turm Silberborn	16.40	46:10	21.31	17	7:12	52	8:17	43.50	2:13:58	19.48	54			68	39:58
Finish	5.50	10:17	32.09	26	1:26	71	1:27	49.00	2:24:15	20.38	23	26:22		67	30:14