



# 15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

## Detailed evaluation

**Frommelt, Michael**

Club: Alpin Club Hannover  
Number: 289

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 2:31:16

Speed: 19.44 km/h

Rank in course/Total: 82 (of 145)

Rank in course/Men: 80 (of 137)

Best time in course: 1:54:01

Rank in category: 8(of 19)

Best time in the category: 2:05:47

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Steinborn (VP1)	11.10	35:03	18.83	9	5:22	75	8:05	11.10	35:03	18.83	11			67	
Donnershagen (\	16.00	53:49	17.84	7	8:21	75	13:52	27.10	1:28:52	18.23	11			80	21:57
Turm Silberborn	16.40	51:38	18.59	8	10:15	83	13:45	43.50	2:20:30	18.36	11			81	46:30
Finish	5.50	10:46	27.86	10	1:31	90	1:56	49.00	2:31:16	19.44	8	25:29		80	37:15