



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Sander, Bernd

Club: LG Altes Amt
Number: 230

Course: 49.00 km
Mitteldistanz

Category:
Senioren I

Total time: 2:39:03

Speed: 18.48 km/h

Rank in course/Total: 92 (of 145)

Rank in course/Men: 89 (of 137)

Best time in course: 1:54:01

Rank in category: 35(of 61)

Best time in the category: 1:57:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Steinborn (VP1)	11.10	34:56	19.06	24	7:10	73	7:58	11.10	34:56	19.06	7		93	
Donnershagen (\	16.00	55:53	17.18	31	13:36	85	15:56	27.10	1:30:49	17.90	6		90	23:54
Turm Silberborn	16.40	56:30	17.42	47	17:32	105	18:37	43.50	2:27:19	17.72	7		90	53:19
Finish	5.50	11:44	28.13	50	2:53	111	2:54	49.00	2:39:03	18.48	35	41:10	89	45:02