



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Flak, Uwe

Club: Holenberg

Number: 168

Course: 49.00 km

Mitteldistanz

Category:

Senioren I

Total time: 2:42:26

Speed: 18.10 km/h

Rank in course/Total: 97 (of 145)

Rank in course/Men: 94 (of 137)

Best time in course: 1:54:01

Rank in category: 39(of 61)

Best time in the category: 1:57:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind		Pos Men	Behind Men
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men		
Steinborn (VP1)	11.10	36:25	18.12	33	8:39	87	9:27	11.10	36:25	18.12	11			98	
Donnershagen (\	16.00	58:54	16.30	42	16:37	98	18:57	27.10	1:35:19	17.00	10			95	28:24
Turm Silberborn	16.40	56:00	17.14	46	17:02	103	18:07	43.50	2:31:19	17.05	11			95	57:19
Finish	5.50	11:07	26.99	39	2:16	95	2:17	49.00	2:42:26	18.10	39	44:33		94	48:25