



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Fricke, Helmut

Club: Dasseler SC

Number: 317

Course: 49.00 km

Mitteldistanz

Category:

Senioren II

Total time: 2:57:52

Speed: 16.53 km/h

Rank in course/Total: 121 (of 145)

Rank in course/Men: 115 (of 137)

Best time in course: 1:54:01

Rank in category: 14(of 19)

Best time in the category: 2:05:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	40:15	16.40	15	10:34	117	13:17	11.10	40:15	16.40	5	2:57	119	0:03
Donnershagen (\	16.00	1:03:24	15.14	13	17:56	111	23:27	27.10	1:43:39	15.63	5	12:03	116	36:44
Turm Silberborn	16.40	1:02:01	15.48	14	20:38	119	24:08	43.50	2:45:40	15.57	5	21:53	116	1:11:40
Finish	5.50	12:12	24.59	14	2:57	116	3:22	49.00	2:57:52	16.53	14	52:05	115	1:03:51