



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Henke, Jörg

Club: Harzhorn Mounties

Number: 183

Course: 49.00 km

Mitteldistanz

Category:

Senioren I

Total time: 3:00:22

Speed: 16.30 km/h

Rank in course/Total: 123 (of 145)

Rank in course/Men: 117 (of 137)

Best time in course: 1:54:01

Rank in category: 51(of 61)

Best time in the category: 1:57:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	39:10	16.85	45	11:24	108	12:12	11.10	39:10	16.85	23	2:00	121	
Donnershagen (\	16.00	1:04:13	14.95	49	21:56	114	24:16	27.10	1:43:23	15.67	22	4:26	118	36:28
Turm Silberborn	16.40	1:03:50	15.04	55	24:52	122	25:57	43.50	2:47:13	15.43	23	14:39	118	1:13:13
Finish	5.50	13:09	22.81	57	4:18	128	4:19	49.00	3:00:22	16.30	51	1:02:29	117	1:06:21