



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Lödige, Jörg

Club: Radsportfreunde Lügde

Number: 208

Course: 49.00 km

Mitteldistanz

Category:

Senioren I

Total time: 3:12:24

Speed: 15.28 km/h

Rank in course/Total: 131 (of 145)

Rank in course/Men: 124 (of 137)

Best time in course: 1:54:01

Rank in category: 53(of 61)

Best time in the category: 1:57:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	44:26	14.85	58	16:40	131	17:28	11.10	44:26	14.85	26	7:16	129	4:14
Donnershagen (\	16.00	1:09:32	13.81	53	27:15	123	29:35	27.10	1:53:58	14.21	25	15:01	126	47:03
Turm Silberborn	16.40	1:06:06	14.52	57	27:08	129	28:13	43.50	3:00:04	14.33	26	27:30	126	1:26:04
Finish	5.50	12:20	24.32	53	3:29	119	3:30	49.00	3:12:24	15.28	53	1:14:31	124	1:18:23