



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Ruschinczik, Manfred

Club: Scharzfeld

Number: 484

Course: 25.60 km

Kurzdistanz

Category:

Senioren I

Total time: 1:24:50

Speed: 18.11 km/h

Rank in course/Total: 43 (of 71)

Rank in course/Men: 40 (of 59)

Best time in course: 56:00

Rank in category: 11(of 15)

Best time in the category: 1:00:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	km/h	Pos	Behind	Pos				
Steinborn (VP1)	11.10	40:35	16.41	10	12:20	38	14:26	11.10	40:35	16.41	11	12:20	11				
Turm Silberborn	9.00	33:14	16.25	11	9:40	40	11:51	20.10	1:13:49	16.34	11	22:00	11				
Finish	5.50	11:01	29.95	12	2:22	38	2:33	25.60	1:24:50	18.11	11	24:22	41			28:50	