



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Zenkner, Torsten

Total time: 1:18:47

Club: Triathlon Friedrichroda

Number: 208

Course: 20.30 km

Rank in course/Total: 38 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 38 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 8(of 34)

AK 40 männlich

Best time in the category: 1:05:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.30	6:41	22:16	20	1:46	53	2:30	0.30	6:41	22:16	35	0:38	110	
Rad	15.00	47:09	3:08	6	5:43	31	8:30	15.30	53:50	3:31	35		109	5:12
Lauf	5.00	24:57	4:59	17	6:29	58	6:29	20.30	1:18:47	3:52	8	13:29	38	13:29