



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Amthor, Stefan**

**Total time: 1:41:16**

Club: Fit Unlimited Suhl

Number: 123

Course: 20.30 km

Rank in course/Total: 116 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 98 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 15(of 17)

AK 20 männlich

Best time in the category: 1:08:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.30	9:54	33:00	17	5:43	108	5:43	0.30	9:54	33:00	18	4:36	110	2:09
Rad	15.00	1:03:27	4:13	16	20:39	98	24:48	15.30	1:13:21	4:47	18	25:15	109	24:43
Lauf	5.00	27:55	5:35	13	7:05	86	9:27	20.30	1:41:16	4:59	15	32:54	98	35:58