



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Bese, Marcel

Total time: 1:21:37

Club: Fitnessoase Ohrdruf

Number: 218

Course: 20.30 km

Rank in course/Total: 51 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 50 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 20(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.30	7:19	24:23	20	2:53	73	3:08	0.30	7:19	24:23	31	0:31	110	
Rad	15.00	52:24	3:29	23	13:45	59	13:45	15.30	59:43	3:54	30	11:12	109	11:05
Lauf	5.00	21:54	4:22	8	2:21	25	3:26	20.30	1:21:37	4:01	20	16:16	50	16:19