



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Braunn, Thomas

Total time: 1:37:28

Club: Georgenthal

Number: 145

Course: 20.30 km

Rank in course/Total: 108 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 93 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 27(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	9:10	30:33	29	4:44	106	4:59	0.30	9:10	30:33	31	2:22	110	1:25
Rad	15.00	1:00:45	4:02	27	22:06	93	22:06	15.30	1:09:55	4:34	30	21:24	109	21:17
Lauf	5.00	27:33	5:30	25	8:00	82	9:05	20.30	1:37:28	4:48	27	32:07	93	32:10