



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Groß, Barbara

Total time: 1:33:52

Club: Dream Team Ilmenau

Number: 182

Course: 20.30 km

Rank in course/Total: 96 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 10 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 1(of 4)

AK 50 weiblich

Best time in the category: 1:33:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	7:00	23:20	1	-	6	1:54	0.30	7:00	23:20	5	-	25	0:01
Rad	15.00	1:00:33	4:02	1	-	15	7:07	15.30	1:07:33	4:24	5	-	25	0:20
Lauf	5.00	26:19	5:15	2	0:30	7	3:28	20.30	1:33:52	4:37	1	-	10	11:11