



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Wagner, Susanne

Total time: 1:36:38

Club: TSV 1880 Gera Zwätzen

Number: 169

Course: 20.30 km

Rank in course/Total: 105 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 14 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 6(of 8)

AK 30 weiblich

Best time in the category: 1:29:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	6:59	23:16	1	-	5	1:53	0.30	6:59	23:16	9		1	-
Rad	15.00	1:00:14	4:00	5	3:22	13	6:48	15.30	1:07:13	4:23	9	0:49	1	-
Lauf	5.00	29:25	5:53	6	4:12	16	6:34	20.30	1:36:38	4:45	6	7:27	14	13:57