



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Haase, Alexander

Total time: 1:37:46

Club: SV Lok Leipzig-Mitte

Number: 163

Course: 20.30 km

Rank in course/Total: 109 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 94 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 10(of 10)

Jugend männlich bis 19 Jahre

Best time in the category: 1:06:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.30	5:17	17:36	6	0:52	12	1:06	0.30	5:17	17:36	11	0:52	110	
Rad	15.00	1:03:38	4:14	10	22:54	99	24:59	15.30	1:08:55	4:30	11	23:42	109	20:17
Lauf	5.00	28:51	5:46	10	9:16	92	10:23	20.30	1:37:46	4:48	10	31:43	94	32:28