



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Kleinke, Nadine

Total time: 1:29:11

Club: Fitnessoase Ohrdruf

Number: 219

Course: 20.30 km

Rank in course/Total: 81 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 5 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 1(of 8)

AK 30 weiblich

Best time in the category: 1:29:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	7:06	23:40	2	0:07	9	2:00	0.30	7:06	23:40	9	-	25	0:07
Rad	15.00	56:52	3:47	1	-	5	3:26	15.30	1:03:58	4:10	9	-	25	-
Lauf	5.00	25:13	5:02	1	-	4	2:22	20.30	1:29:11	4:23	1	-	5	6:30