



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Trensch, Christoph

Total time: 1:26:40

Club: Erfurt

Number: 237

Course: 20.30 km

Rank in course/Total: 72 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 70 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 9(of 17)

AK 20 männlich

Best time in the category: 1:08:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	7:32	25:06	11	3:21	81	3:21	0.30	7:32	25:06	18	2:14	110		
Rad	15.00	55:19	3:41	11	12:31	74	16:40	15.30	1:02:51	4:06	18	14:45	109	14:13	
Lauf	5.00	23:49	4:45	8	2:59	46	5:21	20.30	1:26:40	4:16	9	18:18	70	21:22	