



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Wozasek, Hans-Jürgen

Total time: 1:34:02

Club: Triathlon Friedrichroda

Number: 206

Course: 20.30 km

Rank in course/Total: 97 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 87 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 11(of 15)

AK 50 männlich

Best time in the category: 1:15:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.30	8:06	27:00	11	2:37	94	3:55	0.30	8:06	27:00	16		110	0:21
Rad	15.00	55:55	3:43	10	8:47	76	17:16	15.30	1:04:01	4:11	16	2:43	109	15:23
Lauf	5.00	30:01	6:00	13	9:18	97	11:33	20.30	1:34:02	4:37	11	18:39	87	28:44