



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Genau, Liane

Total time: 1:37:16

Club: Dekra Gotha

Number: 197

Course: 20.30 km

Rank in course/Total: 106 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 15 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 3(of 7)

AK 40 weiblich

Best time in the category: 1:28:13

Intermediate times

Stage score

Total ranking

Control	Split				Pos				Total					
	km	Time	min/km	Cat.	Behind	Pos	Behind	km	Time	min/km	Pos	Behind	Pos	Behind
Schwimmen	0.30	11:17	37:36	7	4:17	24	6:11	0.30	11:17	37:36	8	3:17	25	4:18
Rad	15.00	55:55	3:43	1	-	4	2:29	15.30	1:07:12	4:23	8	1:23	25	
Lauf	5.00	30:04	6:00	4	7:13	19	7:13	20.30	1:37:16	4:47	3	9:03	15	14:35