



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Genau, Liane

Total time: 1:37:16

Club: Dekra Gotha

Number: 197

Course: 20.30 km

Rank in course/Total: 106 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 15 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 3(of 7)

AK 40 weiblich

Best time in the category: 1:28:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.30 | 11:17 | 37:36 | 7 | 4:17 | 24 | 6:11 | 0.30 | 11:17 | 37:36 | 8 | 3:17 | 25 | 4:18 |
| Rad | 15.00 | 55:55 | 3:43 | 1 | - | 4 | 2:29 | 15.30 | 1:07:12 | 4:23 | 8 | 1:23 | 25 | |
| Lauf | 5.00 | 30:04 | 6:00 | 4 | 7:13 | 19 | 7:13 | 20.30 | 1:37:16 | 4:47 | 3 | 9:03 | 15 | 14:35 |